

BAM! KAPOW!

HOW ORDINARY BOYS AND GIRLS TURN INTO SUPER ENERGY HEROES

WALK,

ride a bike, or skateboard
instead of using a car.

TURN OFF

electronics, lights, and
fans when not in use.

KEEP

doors and windows closed
when the air conditioning
or heat is on.

Remind other family members, too!

USE

the power management
settings for computers
and monitors.

UNPLUG

cell phones, MP3 players,
or camera battery chargers
when finished charging.



Through a partnership between EPA's ENERGY STAR® program and Boys & Girls Clubs of America, thousands of young people are learning how to reduce energy use and lower energy bills at home and in the community. You, too, can be an ENERGY STAR hero. Find out how at energystar.gov.

